



Info teams

1st day of the tournament

- 8 am hall open
- 8.45 am Wrestlers, coaches, referees and volunteers are to be present in the sports centre.
- 9 am Meeting of coaches:
- 9.30 am Meeting of referees:
- 9.30 am Welcome in the invitees
- 9.45 am Line up the participants in the long corridor in country order.
- 10 am Participants parading in country order.
- 10.30 am Opening tournament:
- 10.45 am Beginning of the matches
- 7 pm End of the 1st day of the tournament

2nd day of the tournament

- 8 am hall open
- 9 am Beginning of the matches
- 3 pm End of the 2nd day of the tournament
- 3.15 pm prize-giving ceremony for individual and club prizes
- 5 pm End of the tournament

Rules for the hall

- No more than two coaches allowed at the wrestling mat
- Wrestlers and coaches are not allowed to enter the arena until just before the match.
- Supporters and unauthorised persons are to remain behind the boarding
- Access to the arena is for authorised personnel only (wearing a wristlet).



Registration

- Wrestlers, coaches and referees will receive admission tickets for the two days of the tournament
- Lost tickets are replaced after paying the full admission fee
- Coaches will be given a wristlet
- The admission fee for supporters is € 7.00 for each day
- Wrestlers, coaches and referees will use a separate entrance to the building

General rules

- No smoking in the tournament hall
- No glass will be allowed in the tournament hall
- Do not litter: deposit waste into the rubbish bins only
- Use the toilets in a responsible manner; do not soil these facilities

Parking

Parking at the event is at Qpark (<https://www.q-park.nl/en-gb/results/?l=Stadion%20Galgenwaard,%20Utrecht,%20Nederland>)

Buses, coaches motorhomes park at Car Park Galgenwaard Noord (Herculesplein 241, 3584 Utrecht, Netherlands)

Passenger cars park at Car Park Galgenwaard. Use this link to make a reservation for cheap parking:

[Cheap parking Utrecht during the weekend \(q-park.nl\)](https://www.q-park.nl/en-gb/results/?l=Stadion%20Galgenwaard,%20Utrecht,%20Nederland)